

Bake all things strawberry.

- Strawberry Cream Cheese Shortcake is a "jiffy" to prepare! (above)
- Strawberry Buttercream Cupcakes are perfect for spring graduation or reunion celebrations!
- Strawberry Drop Biscuit Shortcake (Lower right) ...easier than it looks!

Baking Hack: For breakfast, top gluten-free Overnight Pancakes with a <u>strawberry topping</u>: 16 oz. sliced berries, 3 Tablespoons maple syrup and pinch of salt- simmered 8-10 minutes.





#### Adult and Youth Bakers Make Time to Enter

TWO Awards! Enter by May 31. Win \$1000.



- ► Youth, Grades 7<sup>th</sup> to 12<sup>th</sup>
- Bake to Give Maddie Kruse Youth Award- \$1000 and trip for two
- Enter by May 31
- ▶ <u>Bake to Give Resources</u> to get started
- https://www.homebaking.org/youthaw ard/



- Adults who teach baking should enter by May 31
- Classrooms, out-of-school clubs, community, home, camps...
- Guidelines to be eligible for \$1000 award and trip for two







Celebrate May! Bake with lemonade!

- Make your own <u>Sparkling Lemondade</u>!
- Bake a cake as Southern as Lemonade and Sweet Tea. <u>Arnold Palmer Sweet</u> <u>Tea and Lemonade Cake with</u> <u>Lemonade Frosting!</u>
- Chef Tess shares her <u>PINK Lemonade</u> <u>Cake</u> (right)
- Chef Eleonora shares her great Icing, Buttercream and Meringues.



**Baking Hack:** Southern lemonade cake recipes may ask for "plain flour" meaning it is **not** a self-rising flour blend with the leavening mixed in. Southern bakers know their wheat-- soft red winter- is a lower protein, enriched and bleached wheat flour— a perfect cake flour!



National Mediterranean Diet Month

GOAL: Bake MORE flat breads for guests.

- ▶ 3-Ingredient Flat Bread (top right)
- Greek Soft Wraps
- Choose from a baker's dozen <u>Focaccia</u>
- Self-rising flour plus yeast lift <u>Rosemary</u> <u>Flat Bread</u> (right)
- Flatbreads grill great too!

Baking Hack: Baking with olive oil helps your baked goods last longer, adds vitamin E and polyphenols.





Thank a wheat farmer near you!



- In May, wheat farmers in the northern U.S. are planting spring wheat while in the south they're harvesting winter wheat!
- ▶ Go <u>Field to Table</u> and meet wheat farmers, then <u>watch wheat harvest</u> in South Dakota.
- Enjoy baking with ALL the different wheat flours- all-purpose, bread, cake, pastry, shortpatent, whole wheat, self-rising, red or white...
- Enjoy these <u>Bake-with-Me</u> videos!



Baking Hack: Be a wheat detective...what class of wheat do you think this is?!
What would you bake with it?



May Picnics and Reunions will love home-baked cream puffs.



- The cream puff's strength - also called choux pastry - comes from a structure made from eggs, flour, water, salt and butter.
- Find great step-by-step instructions from <u>Hudson</u> <u>Cream Flour test</u> kitchen.

**Baking Hack:** Recipes may call for "room temperature eggs." Prep them in-a-hurry by placing eggs in a bowl and covering with lukewarm water for 5 minutes.

It's not spring until you're baking with rhubarb.

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- ► Give Chef Gemma Stafford's <u>Simple</u> <u>Rhubarb Crisp</u> a try<sup>©</sup>(right)
- Strawberry Rhubarb Pie (lower right) is a must for many spring bakers! See which state claims Strawberry Rhubarb as it's favorite!
- Watch Baker Bettie's <u>Step-by-Step</u> <u>for a Strawberry Rhubarb Pie</u>.



Baking Hack: When you can get it fresh at the store or farmer's market, buy extra, and FREEZE - Here's how.





# May Baking May 13 is Apple Pie Day

#### A Little Apple Pie History

- A Dutch cookbook dated 1514 has a recipe- Appeltaerten
- Apple Pie Spicing in 1514 included cardamom, ginger, cinnamon, nutmeg, cloves and mace.
- Apple Pie finally made it over the ocean to the colonies in the 17<sup>th</sup> century.

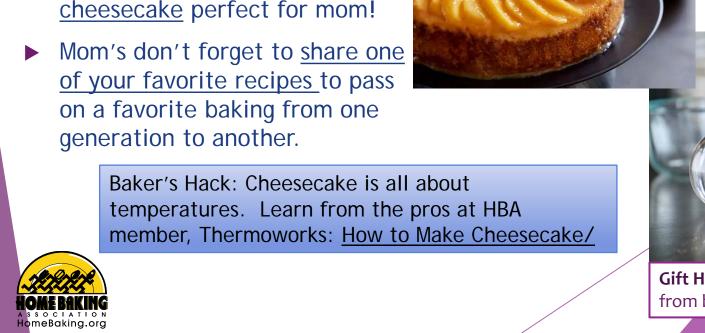
Check out our Baker Spotlight baking <u>Apple</u> <u>Pie for All!</u> and her guide to Pastry Pizazz!

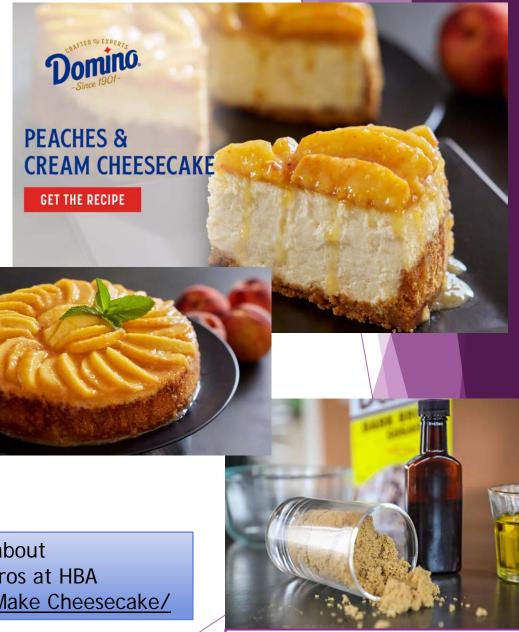
Baking Hack: You'll love this option - Apple Pie Bars- (right). It's made with a shortbread crust (no rolling required. Note: See why pies are often best baked in glass.

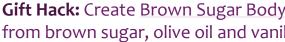


ღ Celebrate Mother's May 14 ღ

- Prepare a <u>"peaches and cream"</u> Mother's Day! (right)
- Fresh, frozen or even canned peaches, packed in juice or water, can be successfully used.
- There's a "Best Ever" cheesecake perfect for mom!







#### **May Bakers**

#### May 14- Buttermilk Biscuit Day

- Southern bakers know biscuits. Kentucky's Sunflower Flour Mill bakes Buttermilk... Orange... Sausage... Biscuit Beignets and Cinnamon Sugar Biscuits
- Oklahoma Shawnee Mill's <u>Land Run Sweet</u> <u>Biscuits</u> (center right) will become HISTORIC in your family!
- ► If you bake biscuits you're going to need Homemade Strawberry Jam. (lower right)

Baking Hack: Learn some biscuit history and the flour that makes a great biscuit with Southern baker Chef Donly's demo, <u>Biscuits 101</u>.



#### **May Bakers**

#### May 17—Cherry Cobbler Day

<u>Cherry Cobbler</u> was born from pioneer ingenuity.

Settlers baked cobblers on a hearth or in the campfire coals in Dutch ovens... so what's stopping you?

Create a <u>Fruit Cobbler</u> with in-season summer fruits... rhubarb, strawberries, blueberries, cherries, peaches... <u>View</u> test kitchen step-by-steps.

Alabama Cooperative Extension shares their Fresh From the Farm Cup Cobbler recipe- a favorite!



Baking Hack: Glass bakeware provides great even heating and browning for the cobbler crust PLUS it's great to serve oven-to-table.



May 20- National Pizza Party Day

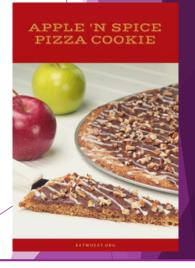
- Americans eat about 100 acres of pizza PER DAY!
- All-purpose unbleached flour is great for thin Sicilian-style and deep-dish pizza crusts. <u>Ceresota flour</u> is the #1 Chicago pizza flour
- Explore the <u>Top 12 Pizza Recipes</u> at Red Star-breakfast, lunch, dinner and dessert.
- Why not grill your next pizza?

Baking Hack: Dough should be "rested" or relaxed to roll or press into the pan. Bake pizza in a very hot oven (475-500°F.

Learn much more, host a <u>Mozzarella</u> Mash!







<u>Apple n' Spice Pizza</u> Cookie

May 28—A special day for Hamburgers!

- ► It's time for some of the glory to go to the buns! Go for Beautiful Buns©
- ▶ DIY Slider, Sandwich and <u>Burger Buns</u> give you a significant BBQ edge!
- Options galore: Chewy Pretzel Buns, Curry Chia Onion Buns, or Wheat Dill Buns.



Baking Hack: Prep your own Brown and Serve buns (left) for those backyard crowds!



#### May Bakers Remember...

May 30- Memorial Day





- Honor the veterans at your family or community picnic with this oldfashioned Cherry Poke Cake.
- Every picnic or party could make your own Ice Cream!
- Don't miss a beat with Gluten-free Apple Crumb Coffee Cake.

**Baking Hack:** Baking <u>gluten-free</u> can take some extra finesse! A professionals' gluten free baking test kitchen tip: Allow batter or dough to rest 20-30 minutes, covered, before baking to allow them to absorb liquid, thicken and prevent a gritty texture.

#### **June Baking**

Bake for <u>summer learning</u>, <u>country</u> and outdoor explores.



<u>Chocolate Chip Cookie Test Bake</u> Baking Schools with KingArthurBaking

Bake to Learn: <u>Cookie Science</u> and so much more.



Bake <u>Charity</u>
<u>Bagels</u>...or Bake
Bagels, <u>the</u>
<u>perfect food to</u>
pack on a hike!



